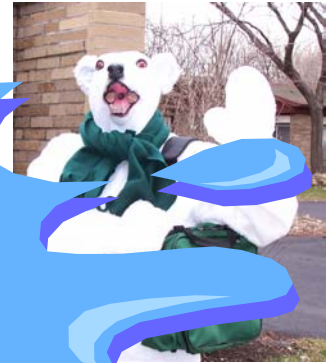




**FINGER LAKES
VISITING NURSE SERVICE**

Because You'd Rather Be Home.

**To Benefit
Home Care and
Hospice**



**3rd Annual
POLAR
PLUNGE**



Spring into action at our 3rd Annual Polar Plunge!

When: Saturday, March 31st at 11:00 am

Where: Seneca Lake State Park, Geneva, NY

***Participants must get sponsors and collect pledges
PRIOR to event**

For information or to register-call Patty Schwarzweller 315-789-9821 Ext. 3026

